



UK Healthy Cities Network

STEPHEN WOODS
UK HEALTHY CITIES NETWORK CO-ORDINATOR

SMWOODS2@UCLAN.AC.UK

WWW.HEALTHYCITIES.ORG.UK

Healthy Cities 21st Century

THE HEALTHY CITIES MOVEMENT

Initiated by WHO in the mid-1980s as a small-scale project that aimed 'to put health on the agenda of decision-makers in the cities of Europe', Healthy Cities quickly fired the imagination of politicians, professionals and citizens worldwide.

It is now a global movement for public health and sustainable development with over 25 years' experience of incubating new ideas and developing creative solutions to old and new challenges.

Healthy Cities 21st Century

WIDER DETERMINANTS OF HEALTH - EQUITY

- wider determinants of health
- vulnerable and disadvantaged groups
- equity, solidarity, sustainability, empowerment, intersectoral collaboration,
- community development and participatory governance.
- Change agent

Healthy Cities 21st Century

PRIMARY GOAL

The primary goal of WHO Healthy Cities is to put health high on the social, economic and political agenda of local government.

Health is the business of all sectors and local authorities are in a unique leadership position, with power to protect and promote their citizens' health and well-being through comprehensive and systematic approaches to policy and planning.

Healthy Cities 21st Century

UK HEALTHY CITIES NETWORK

Membership

Belfast*	Glasgow*	Nottingham
Brighton and Hove*	Leeds	Preston*
Bristol	Liverpool*	Sheffield*
Cardiff*	Manchester*	Stoke-on-Trent*
Carlisle*	Newcastle*	Sunderland*
Derry*	Norwich	Swansea*
		Warrington

*Denotes cities with WHO designated status

Healthy Cities 21st Century

UK HEALTHY CITIES NETWORK

New Towns/Cities/LA's/DC's/Boroughs expressing interest include –

- Portsmouth (assessment)
- Southampton
- Plymouth
- Coventry
- Birmingham
- Sandwell
- Kirklees
- Calderdale
- East Staffs (assessment)
- Blackburn with Darwen
- Salford
- Newport
- Lancaster
- Perth
- Chelmsford
- Westminster
- Redbridge
- Kensington and Chelsea
- Hammersmith and Fulham

Healthy Cities 21st Century

WHAT IS A NETWORK / BENEFITS?

“An interconnected system of things or people.”

“Something resembling an openwork fabric or structure in form or concept, especially: a system of lines or channels that cross or interconnect; a complex, interconnected group or system; or an extended group of people with similar interests or concerns who interact and remain in informal contact for mutual assistance or support.”

Being part of a values-based movement

Being part of an active and dynamic network

UK HEALTHY CITIES NETWORK

- Its aims are to:
 - enhance learning and build capacity through sharing ideas, experience and best practice
 - widen participation in the Healthy Cities movement and support member towns and cities to develop and test innovative approaches to emerging public health issues
 - become a strong collective voice for health, wellbeing, equity and sustainable development – informing and influencing local, regional, country and national policy.

Healthy Cities 21st Century

PHASE V OF THE WHO EUROPEAN HEALTHY CITIES NETWORK RUNS FROM 2009-2013

Its overarching theme is

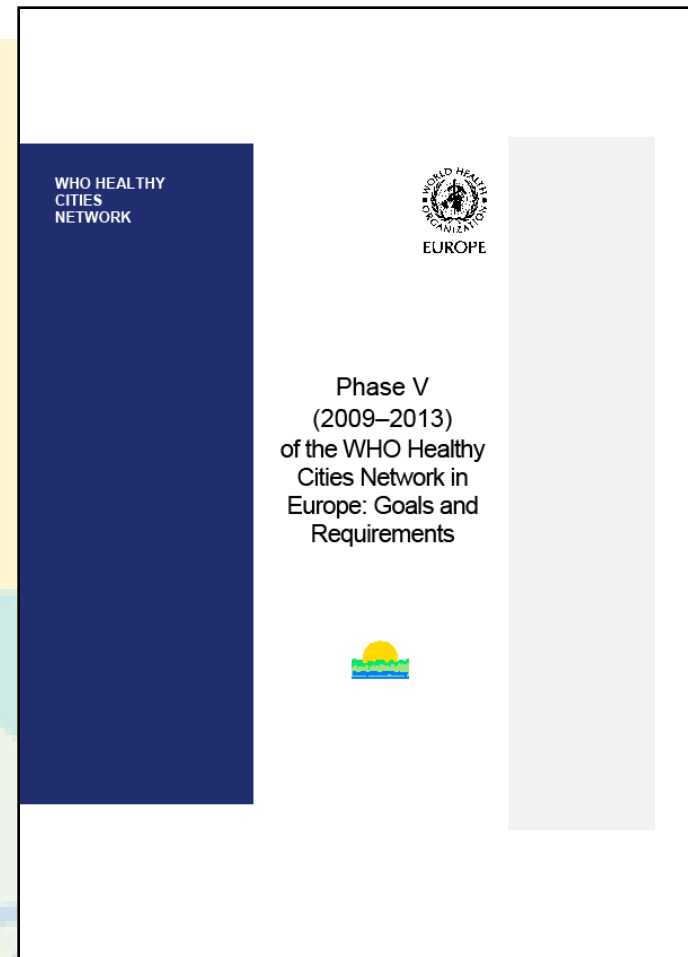
Health and Health Equity in All Local Policies and within this context, the three core themes are:

Caring and supportive environments.

Healthy living.

Healthy urban environment and design.

**Phase VI - Focus on Health 2020
European Policy Framework**



Healthy Cities 21st Century

CHANGE AGENTS

INDIVIDUAL

ORGANISATIONAL

SOCIETAL

Shaping the Conditions that
enable good health to
flourish

Conditions enable outcomes

1. Sanitary-environmental model
2. Biomedical Model
3. Social Behavioural model
4. Techno-economic
5. **Ecological Public Health**

Four dimensions of Existence : -

1. The material
2. The biological
3. The cultural
4. The social

Healthy Cities 21st Century

COLLECTIVE VOICE – SKILLS KNOWLEDGE AND EXPERTISE

- **Diversity of Co-ordinator Backgrounds**
- **Across the wider system**
- **Specialisms**
- **City responses / case studies / interventions**
- **Challenges**
- **Emerging Issues**

➤ **ADVOCACY AND LOBBYING**

Healthy Cities 21st Century

New Thinking

➤ **CORPORATE POWER**

Challenging conventional assumptions and the Status quo.

➤ **ECOLOGICAL PUBLIC HEALTH**

➤ **ECONOMIC IMPACT OF AN AGEING POPULATION**

Turning Public Health Knowledge into Political Action (Marmot)

➤ **IMPACT OF WELFARE REFORM**

Healthy Cities 21st Century

MOVING FORWARD – IN SUMMARY

- **Harnessing the knowledge/skills/expertise**
- **Exploring emerging issues**
- **Encouraging new thinking**

Building momentum

IDEAS – SOWING THE SEEDS!!!

Healthy Cities 21st Century



UK Healthy Cities
N E T W O R K

For further information on how to join
the UK Healthy Cities Network, visit

www.healthycities.org.uk

smwoods2@uclan.ac.uk