HIV and Tuberculosis responses among key populations in the Cities of Eastern Europe and Central Asia

Tetiana Deshko
International HIV/AIDS Alliance in Ukraine
Countries with a high proportion of people living with HIV in one city

Cities are home to large proportions of people living with HIV

ASEAN ‘Cities getting to Zero initiative’ is focusing on 13 ASEAN cities and municipal areas—which account for large proportions of HIV burden in their countries—to catalyze country actions towards the achievement of the 2012 ASEAN Declaration on Getting to Zero New HIV Infections, Zero Discrimination, Zero AIDS-related Deaths.

The initiative coming from cities to end AIDS in 2030 is shaping into a city movement that united mayors of 28 cities under the Paris Declaration signed on December 1st, 2014.

AA&D is facilitating the creation of sustainable new coalitions of care providers among local associations, NGOs, research institutions and governments focusing on municipal areas in TB high-burden countries, including the so-called BRICS group of countries (Brazil-Russia-India-China-South Africa), where 60% of the world's TB is found.
FAST-TRACK CITIES IN ACTION

**SEEK**
- Targeted outreach
  - Print materials
  - Earned media (media coverage):
    - TV, radio, print, online
  - Magazine
  - Social media
  - Website
  - Apps
- Targeted engagement
  - Identify in-care & out-of-care patients of partner clinics
  - Link people to advocacy networks; mentors

**ADVOCATE**
- Regular meetings
  - Knowledge-sharing
  - Testing
  - Networking
  - Messaging
  - Community-building
  - Meeting providers
- Training
  - Advocate empowerment
  - Online component
  - Seminars, webinars
- Education
  - Discussion forums
  - Forums for: peers, family, community; newly-diagnosed, key pops.
- Support
  - Peer relationships
  - Mentoring, coaching

**TEST (90%)**
- Clinic-based testing
  - Bundled testing in clinics
- Mobile clinics
  - Mobile bundled testing
- Counselling services

**TREAT (90%)**
- Link to HIV & STI medical care
  - Partner clinics
  - MOU clinics
  - Link to care and support networks

**NOTIFY**
- Partner notification
  - Includes official registration

**PREVENT**
- PrEP
- nPEP
- Condoms (M & F)
- Lubricants
- Education
- Counselling

**SUPPORT**
- Cash for school
- Food & nutrition
- Education, training
- Condoms, PrEP
- Needles, syringes
- Testing kits
- Clinics
- Health workers
- Counselling
- Pharmacies
- Insurance
- Transport
- Street lights
- Security
- Shelters
- Sensitization
- Community engagement

**RETAIL (90%)**
- Peer/Mentor support
- Patient navigation & case management incentives
  - SMS reminders
  - Mobile app
  - Cash payments
  - Phone cards
  - Meals, clothing
  - Club membership

**OUTCOMES by 2020**
- Zero discrimination
- New HIV infections reduced (500,000 or fewer globally).
- 90% of people living with HIV know their status.
- 90% of people tested are receiving effective antiretroviral treatment.
- 90% of people on antiretroviral treatment have suppressed viral loads.
Amsterdam

• Since 1990 HIV prevalence among people injecting drugs reduced by nearly 50%; HCV prevalence declined; HIV and HCV incidence dropped to nearly zero – thanks to harm reduction programs

• 1/3 of 6-8 Million tourists visiting Amsterdam attend coffee shops

• Each year Millions of tourists come to visit De Wallen and other Amsterdam areas that form the Red Light district
For Switzerland and the world, the breakthrough of the Contact Netz drug policy and drug work culminated in 1986 with the opening of the first safe injection room in the world, located in the Swiss capital, Berne.

The relations between municipalities like the City of Berne and NGOs like Contact Netz are based on ‘contracting cooperation’: financing of sustainable services in HIV prevention, safe injection rooms, work integration, housing, social integration, substitution and security cooperation with the police, and drug commission integration of city platforms.
The fastest growing HIV epidemic in the world, according to WHO, is in the Eastern Europe and Central Asia region.

Proportion of people with HIV who live in the 200 cities with the highest HIV burden globally is the highest in the EECA region at 38%.

Estimated proportion of PWID, SW and MSM in the general population in countries of the EECA region

Estimated HIV prevalence (%) among general and key populations in countries of the EECA region

Source: UNAIDS. AIDSInfo Online Database
HIV/TB prevention and care for KAP in Kyiv

List of HIV services for key populations provided in Kyiv:
- HIV/TB counseling
- Distribution of syringes, needles, alcohol wipes, disinfectants, condoms, lubes
- Assisted self-testing for HIV (with rapid tests), TB screening
- Case management for HIV+ or for TB
- OST
- ART, TB treatment

Covered

Not covered

PWID

CSW

MSM

11,109, 31%

19,295, 62%

6,774, 63%
HIV care cascade in Kyiv

- Only 1/3 of PLHA in Kyiv know their status
- 14% of PLHA in Kyiv are accessing ART

New HIV infections are increasing in Kyiv!
Resourcing HIV/AIDS response in Kyiv

- Prevention: 1,250,000 USD
- Diagnostics: 100,000 USD
- Treatment: 2,250,000 USD

- State budget, USD
- GF budget, USD
EECA Key Populations HIV/TB CITIES Project

• Establishment of the Regional City Platform

• Development and implementation of a model for key populations for the '90-90-90' objective of the HIV and TB response

• Establishing effective partnerships between municipalities and NGOs/CSOs

• Ensuring sustainable allocations of municipal funding for key population programs

• Sharing successful models and popularizing city responses
Twinning approach of EECA Cities Project
Value-added of a regional approach

• Stigma towards, and discrimination of, key populations in the region addressed through pragmatic and technical inclusion models at municipal levels.

• Working in cities will allow for emphasis on public health and social integration and focus on pragmatic and evidence-based solutions for city communities by omitting the national political context.

• The synergies between cities involved will develop opportunities for long-lasting partnership.

• Migration phenomena of key populations related to sex work and drug use will be addressed on regional basis.

• City intervention becomes a municipal counterpart to the health intervention for key populations at the national level.

• TB in key population groups in addressed in an integrated manner with HIV.
THANK YOU!
We welcome your ideas and suggestions on EECA cities initiative by December 2015
deshko@aidsalliance.org.ua