



From Healthy City to City Health



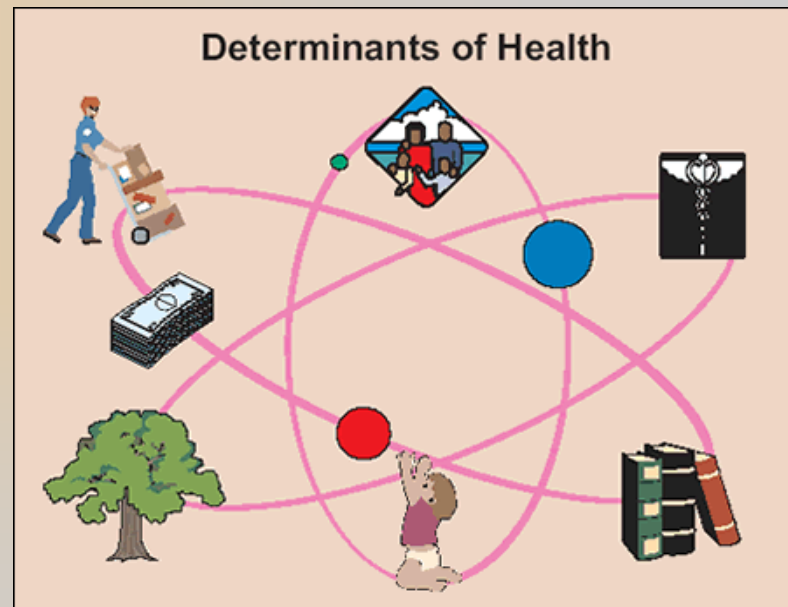


Creating and maintaining health



Health is created
in the context of
everyday life:
where people
live, love,
work and play.

Ottawa Charter 1986



★ Google? shop? travel?



“Mental illness is a social problem....”



“Mental illness is a social problem, I don’t think it’s necessarily an individual problem, it’s a social problem. I mean there’s lots of things that can make people go off their head; if they haven’t got proper accommodation, if their house is leaking or if their partner’s gone off or if there’s a bereavement or divorce; all those issues can make people just flip you know what I mean?” *(6A, Female Service User)*



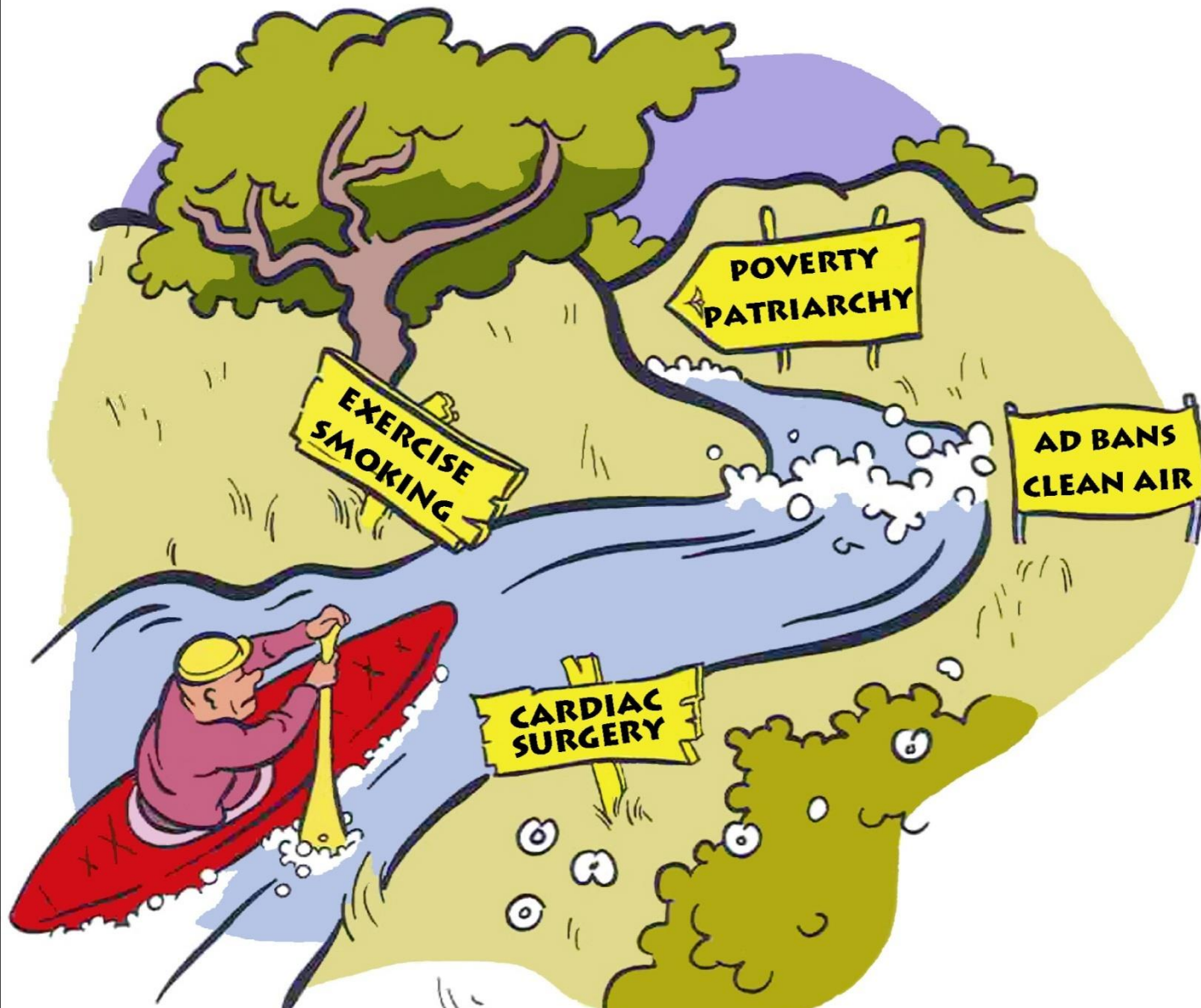
The Traditional Approach...





Re-focussing upstream

McKinley and Scott-Samuel (2006)





Approach: *Co-operative Inquiry*

- ★ *“Research that is with and for people rather than on people.”*

The simplest description of co-operative inquiry is that it is a way of doing research in which all those involved contribute both to the creative thinking that goes into the enterprise - deciding on what is to be looked at, the methods of the inquiry, and making sense of what is found out.

- ★ *Co-operative inquiry is therefore also a form of education, personal development, and social action.” (Reason, 1985)*





When does the roles and responsibilities of a researcher end?



★ Does it end with completing the report?



★ Does it end by disseminating information & adding to our current knowledge through conference presentation & publications?



★ Or more than that....? *Advocacy, lobbying & campaigning....*



Concepts of well-being; adapted from Labonte 1998 & IOSH, 2011

(Rabiee, 2013)

- 1. Vitality, Energy**
- 2. People, Place**
- 3. Purpose, Meaning**

