

NHS Healthy New Towns

#HealthyNewTowns



IBI GROUP
City Health International
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Notting



THE THIRD ERA OF HEALTH

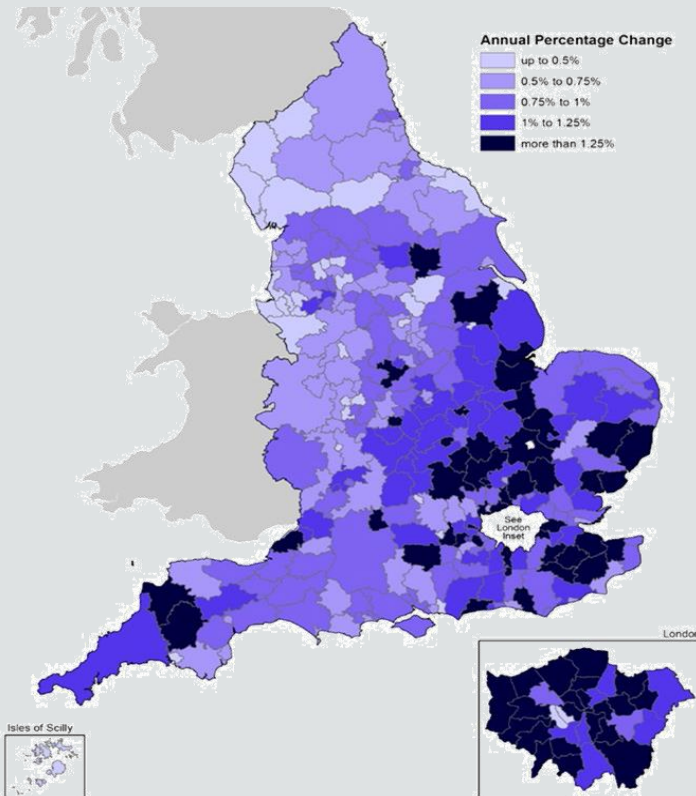
MOVING FROM IDENTIFICATION, TREATMENT TO PREVENTATIVE



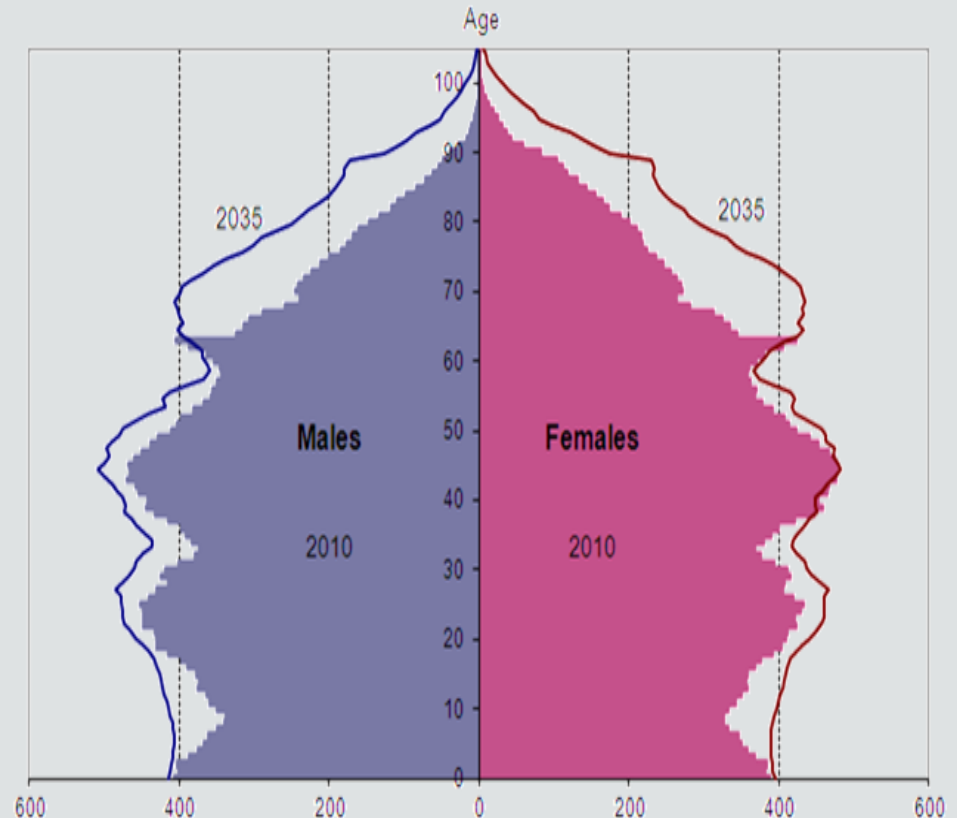
CONTINUOUS PRESSURE

THE NEXT 5 YEARS WILL SEE AN EVER INCREASING DEMAND FOR NEW HOUSING ALONGSIDE AN EXPANDING AGEING POPULATION

Projections for household growth to 2021



Estimated and projected age structure of the UK



New developments will need to respond to the demand for housing, but also the needs of the population

NHS'S "FIVE YEAR FORWARD VIEW" IDENTIFIED THREE GAPS FOR THE NHS TO CLOSE TO 2020

Health and Wellbeing

"If the nation fails to **get serious about prevention** then recent progress in healthy life expectancies will stall, health inequalities will widen"

Care and Quality

"unless we **reshape care delivery**, harness technology, and drive down variations in quality and safety of care, then patients' changing needs will go unmet"

Funding and Efficiency

"**Address system inefficiencies** or be prepared for worse services, fewer staff, deficits, and restrictions on new treatments."

NHS'S "FIVE YEAR FORWARD VIEW" AND IDENTIFIED THE LINK BETWEEN HEALTH AND PLACE



“New town developments and the refurbishment of some urban areas offers the opportunity to design modern services from scratch, with fewer legacy constraints - integrating not only health and social care, but also other public services such as welfare, education and affordable housing.”

“These areas would take a ‘first principles’ approach to **designing how health and wellbeing should be promoted, and how services should be delivered,** from rethinking the physical design of the infrastructure, to **embracing new technologies and encouraging the deep integration of health and care with supported housing and other public services.**”

THE HEALTHY NEW TOWNS PROGRAMME WAS LAUNCHED IN 2015



To shape new towns, neighbourhoods and communities to promote health and wellbeing, prevent illness and keep people independent;

To radically rethink delivery of health and care services in areas free from legacy constraints, supporting learning about new models of deeply integrated care; and

To spread learning and good practice to other local areas and other national programmes

TEN DEMONSTRATOR SITES SELECTED BY NHS ENGLAND



Location	New Homes	Type
Fylde	1,400	Greenfield
Darlington	2,500	Mixed
Halton	800	Brownfield
Bicester	6,000	Greenfield
Whitehill	3,350	Brownfield
Cranbrook	8,000	Greenfield
Barking	10,800	Brownfield
Northstowe	10,000	Greenfield
Ebbsfleet	15,000	Brownfield
Barton	890	Greenfield

ASPIRATIONS FOR GUIDANCE INFORMATION

Theme	Chapter	Example coverage (not exhaustive)
New Care Models	Contracting & Service Planning	<ul style="list-style-type: none"> • Service specifications, business cases and designs
	Digital tech	<ul style="list-style-type: none"> • Data models and applied examples of demographic modelling and population health • Prototype deployments of digital technology to enhance new care models
	Estates	<ul style="list-style-type: none"> • Technical designs of Health Campus/Hub buildings
	Planning Process	<ul style="list-style-type: none"> • Exemplar s106 agreements, development Masterplans and Local Plans reflecting HNT principles
Built Environment	Housing Design	<ul style="list-style-type: none"> • Specification and planning principles for including housing adapted for the needs of high-risk groups (eg elderly) in new developments
	Public Realm & Environment	<ul style="list-style-type: none"> • Designs to increase accessibility of public space, particularly for high-risk groups; and that promote independence through street furniture and enhancements
	Active Travel	<ul style="list-style-type: none"> • Tested interventions to improve use of public transport, cycling, walking and running
Community Engagement	Behaviour Change & Healthy Lifestyles	<ul style="list-style-type: none"> • Public health interventions deployed in new town contexts, including on healthy eating and gardening, sports and exercise
	Community Participation	<ul style="list-style-type: none"> • Exemplar partnerships between new towns and schools, employers and community groups to integrate services, enhance social connections, and promote good health

PHASE ONE OF THE PROGRAMME HAS IDENTIFIED KEY THEMES



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